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Issue No 02 10<sup>th</sup> February 2023

## Diary Dates Monday 13<sup>th</sup> February

School Nurse – foundation students

Bookings open for "Getting to know you Parent - Teacher interviews"

## Wednesday 15th February

No Prep (Foundation) students in attendance unless you have an appointment time with Mrs Marsden.



is back every **Wednesday** and **Friday!!!** in the staff **room** Doors open for service **8.15**. Come and have a delicious Breakie

with your friends! See you there!

Assembly 3pm

# **Sunday 19<sup>th</sup> February** Working Bee

#### Monday 20th February

"Getting to know you Parent / Teacher interviews" (10 mins) 3.40-5.40pm

School Council Meeting 7pm

#### Wednesday 22<sup>nd</sup> February

No Prep (Foundation) students in attendance unless you have an appointment time with Mrs Marsden.



This week you have receives a hard copy student information form – to be returned with updates or confirming the information is up to date.

Also some students will receive medical update forms to be completed for the 2023 year. New students will receive various permission forms that will need to be completed and returned.

Please complete and return to the office ASAP

Camps. Sports & Excursions Fund (CSEF) applications available from the office and are being accepted NOW. Refer to article in this newsletter.

Children are supervised only between the hours of 8.45am and 3.45pm unless attending the Carrington Outside School Hours Care Program. Registration forms for this program are available from the office. Please ensure you update your records at the school office and also with OSHC staff. **OSHC Mobile 0419 889 253** 

#### High '5' Moment

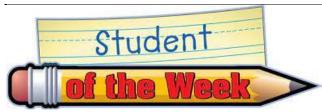
Do you have a 'High 5' moment you would like to share? Just drop a note, article or photo into the office and it we will place your achievement in the newsletter





beginning of the year and we ask for those that are enrolled/registered with this program call in to check their information details especially their mobile numbers and confirm for 2023, their booking schedule eg casual, every second day etc...

Thank you, Emily& Kane



Presented at assembly Wednesday 15<sup>th</sup> February 2023

|        | 15 T COT daily 2025                     |
|--------|---|
| F1M    | Angus                                   |
|        | For working hard and following          |
|        | school routines.                        |
|        | Izabelle                                |
|        | For showing excellent leadership to     |
|        | our Foundation students.                |
| 23C    | Angela                                  |
|        | For showing PRIDE in her work,          |
|        | starting back at school.                |
|        | Cortez                                  |
|        | For applying himself in fixing          |
|        | sentences in his writing.               |
| 45C    | Nathan                                  |
|        | For a responsible and hard-working      |
|        | start to Year 5.                        |
|        | Kendall                                 |
|        | For demonstrating resilience and        |
|        | leadership applying for roles at        |
|        | school                                  |
| 56M    | Logan                                   |
|        | For trying his best in all of his work. |
|        | CeLena                                  |
|        | For following our class routines and    |
|        | always trying her best.                 |
| STREAM | Gabriel                                 |
|        | For using great problem-solving         |
|        | strategies in the building challenge    |



# Words from our Principal on the job - Brett Speed

Another fantastic week has passed us by, with some warmer weather later this week. Please ensure your child has a water bottle and dresses appropriately for the conditions. We have noticed that hooded tops are creeping back into the school. Unfortunately these are not part of our school uniform. If you require additional uniform items, we have a range of brand new and second hand items in the office for purchase.

#### **WORKING BEE:**

A working bee has been scheduled for **Sunday** 19<sup>th</sup> February from 12:30-2:30pm\* (approximate finishing time). Light refreshments will be available for those that attend. We are fortunate to have some of the One Hope Community Church congregation in attendance to support our school during this time.

We are aiming to weed, prune and mulch the shrubs, trees and garden beds along the front of the school (Laura Road entrance), as well as clear some of the weeds around the main building. If you are able to volunteer any of your time it would be greatly appreciated. Please bring along your gardening tools.

If you are unable to make the event and wish to help out in other ways around the school, your time would be greatly appreciated.

#### **CLUBS AT CARRINGTON:**

It was with great excitement that clubs returned to Carrington each day this week. Each club reported that numbers were strong within each session. Any student within the school can access the clubs at lunch-time.

Madhouse. On Monday Kane, our Chaplain, introduced a variety of short games to play. Madhouse was keenly taken up by a large amount of students, with more than a third of the school participating, with laughter, cheering and excitement heard throughout. The games were selected by the students, with 5 games played including; hoop race, extreme duck duck goose,

- sanctuary tiggy, evolution and giants treasure.
- Mindfulness on Tuesday provided students with a nice relaxing space to draw or colour. Some very creative images were drawn with a lot of talk around the dogs visiting the school. Students chose from a wide range of colouring pictures, with next week focusing on some yoga.
- ➤ Games club operated in the library on Wednesday, with Chess, Jenga and Uno the main games engaged with. Chess, Kerplunk, Battleship and Connect 4 were played. At the end of the session. students were asked to fill in a short survey to identify games they would like to access in the club.



Miss Jane took on Garden Club today (shared with Mrs Watson). Students raked and replaced sand for the pit near

the playground, swept the mulch back and removed several weeds from around the beds. Thank you to all involved for their efforts!





STREAM club was highly sought after with students using Lego/Kinex to create a range of objects







#### **UCLF THERAPY DOGS:**

Scout is back! It was fantastic to see our Foundation-Year 4 students access the animal-based therapies last Monday. Leah and Penny from UCLF introduced Scout and students had the opportunity to learn about animal behaviours, positive reinforcement and most importantly pat and cuddle Scout. We look forward to having them here each week in Term 1.



#### STUDENT LEADERSHIP:

Our students have been working hard applying for a wide range of leadership positions for 2023. This week, our students applied for TRIBE captains, reading their speeches out to their respective group. Thank you to all the students that took time out to apply for the position and put themselves forward for the role. Students then completed a ballot paper identifying who they felt would represent their TRIBE best.

Congratulations to the following students for being appointed **TRIBE leaders for 2023**.

Kurnai:Ruby C.Wurundjeri:Kyle S.Boon Warrung:Jade N.Taungerong:Jack B.

Junior School Council positions close on Monday 13<sup>th</sup> February. All other student leadership positions will be finalised by Friday 17<sup>th</sup> February. Best of luck to those students applying,

#### Year 1-Year 6 Parent/Teacher meetings:

These are scheduled for the week beginning Monday 20<sup>th</sup> February in your child's classroom. The interviews will be booked using the online booking system on Sentral from Monday 13<sup>th</sup> February at 9:00am.

If you have difficulty accessing the booking system, please contact your child's classroom teacher to arrange a time. These meetings are an opportunity to meet with the 2023 classroom teacher and will be 10 minutes in duration. If you require additional time, please make arrangements with the teacher.

Just a reminder that our newsletter will be sent out each fortnight in the even weeks of the term.

For those that are unaware, diary dates will be listed in both the newsletter and on the school website. Please find the link below:

Events (carringtonps.vic.edu.au)

Have a great weekend!

## **TRIBES**

This week we held out first TRIBEs meeting for 2023.

The session began with the houses splitting into their groups and each senior student who wanted to be a leader presenting a speech to their tribe.

Each tribe then voted for their captain for 2023. Well done to the students, mention in the Principal's section who were successful in securing the captain position for their tribe. We're proud of all the candidates who put their names forward to nominate to be a leader within our school! The Tribe captains will be responsible for building our school culture by running TRIBE sessions and working with all students across the year levels.

The second part of the session focused on a 'building connections' game where students shared a piece of wool between them, connecting them to each other as they found things in common.



Well done to the Kurnai tribe (featured in this picture) who found dozens of ways they were connected as a tribe! TRIBE sessions will continue to take place every second week this year alternating with assembly.

#### **UPCOMING DATES FOR YOUR DIARY:**

- 28<sup>th</sup> February Everyday lunchbox session (F-3)
- 7<sup>th</sup> March Eat a rainbow (F-3)
- 13<sup>th</sup> March Labour Day
- 15<sup>th</sup>-27<sup>th</sup> March NAPLAN
- 15<sup>th</sup> March Badge Ceremony

# **The Junior School Snapshot**

It has been fantastic to have all the smiling children back at school. Miss Colla and Mrs Marsden are looking forward to the upcoming year ahead. We would love to congratulate the 2022 students for welcoming in all our new students including our new Foundation students. It has been an amazing start to the school year for these students and they are already building friendships within the class and across the school. During our initial 'settling in' time we are focusing on attendance, including arriving on time. We look forward to adding lots of "memories" to ensure that we all "rock"! The beginning of the year has been busy revisiting routines and expectations around the classroom. The students have done well settling back into school and we can see they are excited to take on new challenges with their learning. We have been lucky enough to have Unconditional Love Foundation return to our school. They have started visiting us each Monday with our friend, Scout. The children are very excited to see their 4-legged furry friend again.

Here are some highlights from our classroom:

#### Literacy

- Listening Larry
- Reading routines in the morning
- Wow words
- Name practice
- Irregular words

#### **Numeracy**

- Calendars focusing on months, days of the week and seasons in a year.
- Graphing collecting data and demonstrating them in different

#### **Integrated Studies**

- Respectful Relationships Emotion Literacy
- Zones of Regulation Green, Blue and Red Zone
- School Values Personal Best, Respect and Inclusive















# Senior School Snapshot

We have hit the ground running in Senior School this year! The students have been very busy settling into their new grades, enjoying their time with friends both old and new, and



diving head first into the learning of this term! Students have also shown themselves to be role models to the younger students and are stepping up into their roles as leaders of the school. Our school tribes captains were elected this week, but we were so proud to see so many senior students throw their hats into the ring and nominate! We encourage these students to apply for more upcoming leadership roles!

#### Literacy

In the last fortnight, students have been developing their behaviours, expectations and skills as good writers and readers. They brainstormed ideas for what good readers and writers do, then completed a range of activities where they have been given opportunities to demonstrate these behaviours and skills.

In Writing, students developed the writing understanding of how stories can start with words other than 'Once upon a time..' by exploring interesting openers used to write



stories. They explored using dialogue, onomatopoeias and descriptions, then used this knowledge to write stories with engaging openings.

In Reading, students revised the key features of fiction and non-fiction texts, then further explored narrative structure using the popular picture storybook 'Alexander's Outing' as a mentor text. Students also explored goal setting and good reading behaviours to look towards future reading goals.

#### Mathematics

In the last two weeks, students have explored place-value, an underpinning concept in all of mathematics. Students have used a range of hands-on activities and games to show their

understanding. They have had an opportunity to use MAB to demonstrate their knowledge of place value. Students also begun the process of learning to me good problem solvers but using mathematical reasoning and skills. Students revised the steps of problem-solving and strategies they could use. They then applied their knowledge to an open ended problem with multiple answers. It was fantastic to see them embrace an open ended challenge!



#### **SPECIALIST - STREAM**

#### Senior

In STREAM, we have begun to look at our new topic Space. We are beginning to look at how we orbit around the earth and how that affects night and day. Students have coded the Spheros

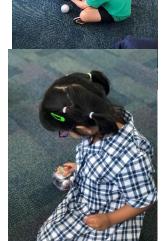
ingit and day. Students i

to demonstrate a rotation around the sun.

We have also challenged ourselves, by using our problemsolving skills to build the tallest tower and longest line.







Junior
In STREAM, we have begun to explore our new topic of materials around us. We have been able to name different materials that make up items that we use in our day-to-day life. We have also

discovered how Blue-Bots move over different materials.

Students worked together to create the longest line and tallest tower, ensuring they used their problemsolving skills to work together.







to

☆ Kendall 45C

☆ Oliver F1M

☆ Miss Jane
on their special day.

# IMPORTANT INFORMATION FOR PARENTS

To assist your decision making in relation to your child's education for 2024 and beyond, please find below a link to the Feb 2023 edition of the Secondary Education Guide.

#### **CLICK HERE:**

https://victoriaschoolguides.starcommunity.com.au/secondary-education-east/



## **Talking Tweens**

A Parents Building Solutions Program For Parents of Children Aged 8 to 13 years

#### Do you want to:

- Understand tween development?
- Improve communication with your child?
- Deal with anger and anxiety?Establish boundaries with your child
- around challenging behaviors?
- Deal with conflict?Improve relationships?
- Connect with other parents of tweens aged 8 to 12 years?

Come along to these 6 interactive sessions. Learn strategies and share stories to parent 8 to 13 year olds.

When: Tuesday evenings (6 sessions)
Tuesday February 21st to March 28th 2023

Time: 7:00 to 9:00pm Where: Online via Zoom. Cost: Free of charge Registrations: click here

Enquiries: sharon.muir@anglicarevic.org.au Please Note: Participants will need access to a device with video and audio in order to participate

PARENT*ZONE* 





## **Raising Resilient Kids**

A Parents Building Solutions Program for parents and carers of children aged 4 to 12 years

#### Would you like to:

- Learn strategies to help your child bounce back from adversity?
- Support your child to cope with change?
- Deal with anger and anxiety?
- Improve your communication and with your child?
- meet other parents also wanting to raise resilient children

Join us to learn strategies, share stories and take some time out for you.

When: Tuesday afternoons (6-week program)

Dates: Tue 28th Feb to Tue 4th April

Time: 12:30 to 2:30 pm

Where: Online via Zoom

Cost: Free of charge for parents and carers in Melbourne's Eastern Region.

Please Note: You will need a device that has access to video and audio, as well as a quiet

child-free place to participate.

Bookings: <u>Click here</u>
Enquiries: sharon.muir@anglicarevic.org.au



# What to put in healthier school lunches

The six key parts to a healthy lunchbox include:

- Fruit best choices include fresh or tinned fruit. Dried fruit is sticky and high in sugar, so have it occasionally.
- Vegetables try fresh crunchy vegetable sticks with dip or a small container with mixed vegetables such as cherry tomatoes, carrot sticks, capsicum and cucumber.
- Milk, yoghurt or cheese you can use reduced-fat options for children over the age of 2 years. For children who cannot tolerate milk products, offer appropriate daily alternatives like calcium fortified soy or rice drink or soy yoghurt.
- Meat or meat alternative foods try lean meat (like chicken strips), a hard-boiled egg or peanut butter. If your school or childcare centre has a nut-free policy, peanut butter and other nuts should not be included in your child's lunchbox.
- Grain or cereal foods like a bread roll, flat bread, fruit bread or some crackers (wholegrain or wholemeal options).
- Drinks as always, water is best.

#### ips for healthy lunchboxes

- Cut up large pieces of fruit and put them in a container – this makes it easier to eat, especially if your child has trouble biting into large fruit.
   Send a damp face washer to help with extra juicy fruit.
- In the warmer months, send frozen milk, yoghurt or water, or even frozen orange segments. This makes a great refreshing snack and helps to keep the lunch box cool.
- Go for colour and crunch in the lunch box by offering a variety of colourful vegetables and fruit.







Scan here to register or call Kristan Wood 0411 605 203



Stockdale &Leggo



Janine Rule Stockdale & Leggo Ferntree Gully 0417 160 423



## FINANCIAL ASSISTANCE

## INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

# CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

#### **HOW TO APPLY**

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments**; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

#### MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx



