

Carrington Chatter

News from Carrington Primary School Knoxfield



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Issue No 06

6th April 2023

Diary Dates



Tuesday 25th April

ANZAC Day – Public Holiday

Wednesday 26th April



is back every **Wednesday** and **Friday!!!** in the **staff room** Doors open for service **8.15**. Come and have a delicious Breakie

with your friends! See you there!

School Holiday Program operating for those that have booked **OSHC Mobile 0419 889 253**

Monday 24th April

First day of Term 2



Don't forget your school hat and a refillable water bottle everyday.



Canine comprehension session
Year 6 - 10:00-11:00 each Monday
Year 5- 11:30-12:20 each Monday



Junior School Council hosts ANZAC Day Ceremony in the school hall 3pm – all most welcome

APPEAL continues following items available.

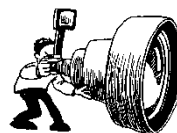
- ☆ ANZAC badges \$2 & \$5,
- ☆ wristbands \$3
- ☆ bag tags \$4
- ☆ pens \$5

Friday 28th April

CPS Cross country – all students dress in your Tribe colours.

Monday 1st May

Our first **Family Cooking Class** afterschool 3.30pm in the staffroom



Tuesday 2nd May

School Photos

Camps. Sports & Excursions Fund (CSEF)

applications available from the office and are being accepted NOW.

High '5' Moment

Do you have a 'High 5' moment you would like to share? Just drop a note, article or photo into the office and Sue will place your achievement in the newsletter





Foodbank Victoria have offered Carrington PS– **Family Cooking Classes** after school (3.30pm-5.30pm) for four Mondays in May. Only 10 lucky families can take part so don't hesitate. Register at

the school office or ring Sue on 9763 9600.

This is a free program funded by the Victorian Government Department of Education and Training and supporting families to learn new skills in the kitchen and beyond. The cooking classes are focused on bringing families together in the school environment to learn healthy eating habits. The program aims to provide a hands-on experience, where families will cook and enjoy a meal together. Families will be provided with a hamper, stocked with fresh and staple ingredients to take home.

The program is delivered by a trained Foodbank Victoria Facilitator and we encourage families to take advantage of this opportunity.



Well are you ready for this?
(We are ready for this)

Are you ready for this?
(We are ready for this!)

Well we just can't miss
(just can't miss)

Yes you guessed it?

Momentous May

and we are sooooooooooooooooooooo.... ready for this

Mrs Hartley is SO EXCITED!!!!!!!!!!!!!!!!!!!!!!

Miss Colla is beyond excited!!!!!!!!!!!!!!!!!!!!!!



Presented at assembly Wednesday
3rd May 2023

| | |
|------------|--|
| F1M | Ava |
| | <i>For working hard to do her best and be an awesome leader.</i> |
| 23C | Summer |
| | <i>For showing great effort in all of her learning.</i> |
| 45C | Levi T |
| | <i>For great sportsmanship and effort at interschool sports</i> |
| 56M | Riley |
| | <i>For showing great sportsmanship during interschool sport.</i> |



Words from our Acting Principal

Thank you to the Carrington Community for your very warm welcome. I have really

enjoyed getting to know the many different families and students at this wonderful school over the past weeks.

Some of the fun things I have been a part of include:

- Harmony Week
- Hanging out with Scout and Charlie from the 'Unconditional Love Foundation'
- Healthy Eating
- Tribes fun
- Leadership Badge presentation
- Cricket Clinics
- Football Clinics
- Lunchtime Clubs
- Scoresby SC students chatted to our Year 5/6 students about Secondary School and what sorts of things they had to look forward to
- Free Dress Day
- Easter Raffle



As you can see there is never a dull moment here at Carrington and best part about all of this is that our students continue to learn and engaged in the curriculum whilst having a tonne of fun!

Wishing all of our families a wonderful break and we look forward to a fabulous Term 2

Franca Nikolovski



Canine Comprehension will be working with our students in Term 2 starting Monday 24th April. This will be a well-being focus and there is no cost associated with the

program. If they have questions, or concerns please make contact at the school office.

www.caninecomprehension.com.au

Year 6 - 10:00-11:00 each Monday

Year 5- 11:30-12:20 each Monday

Interschool Sport Report -by Gabe

On the 31st of March 2023 senior students from Carrington Primary School went to interschool sports for Soccer and T-ball

Soccer Interschool Sports -We played in three matches - we lost the first match against OLOL (Our Lady Of Lourdes) by a close score of 3-4, we won the second game against Knox Central with a score of 7-0, and lost the third game against St. Luke's with a score of 0-12.

Despite some let downs, CPS players had some standout performances. Charlotte and Levi made great defensive moves, Jack and Levi A made good defending kicks, and incredible sportsmanship from Jack accepting a questionable ref call.

The Soccer event showcased the skills and sportsmanship of all the teams, and everybody can be proud of their efforts. Great job everyone!

T-ball Interschool Sports - T-ball interschool sports was an exciting event filled with fun, teamwork, and sportsmanship. Lots of different schools participated in interschool sports this term. Mr. Michalowsky did a great job refereeing the games. Let's take a closer look at some of the highlights from the games.

In Game 1, we played against St. Bernadette's in a tough match. Despite our best efforts, we unfortunately lost 14-7. However, we did not let this setback get us down, and we came back stronger than ever in the following games.

In Game 2, we played against Our Lady Of Lourdes, and the team put in a fantastic performance. They showed great fielding and base defence, with Our lady of Lourdes players having impressive defence. Thanks to some great batting from Gabe, Chase, Jhett, and Zac, and excellent running between bases from the entire team, we won with a score of 10-0.

In Game 3, we faced off against Fairhills and won once again with an impressive score of 15-6. The team's confidence was high, and we continued to show great teamwork and skill out on the field.

In the final match, Carrington played against Boronia West in a high stakes match that would determine our overall ranking. Once again, the team displayed great form, with some outstanding performances from the players. Carrington emerged with a 17-7 win and took third place overall.

Throughout this T-ball event, the players showed great dedication and enthusiasm for the game, and there was incredible sportsmanship from Riley, Karly, CeLena, and Ruby, who volunteered to play for Knox Central and Boronia West.

Overall, it was a fantastic T-ball interschool sports event, and everyone should be proud of their efforts. Great Job everyone!

The Junior School Snapshot

Congratulations, we have all made it to the end of the first term. The Foundation students have successfully made it to their 43rd day of school. There have been so many highlights from the term and we are looking forward to some new adventures in Term 2, including some excursions! Over the last fortnight the students have been lucky enough to participate in both cricket and football clinics as well as working hard in the classroom to achieve their goals. It is sad to say goodbye to Scout and the amazing staff at the UCLF but so thankful for the gorgeous pack of goodies we got to take home. We would like to say a big thank you to all our families who have supported us to provide some amazing learning opportunities. We hope you all have a wonderful Easter and safe school holidays.

Here are some other highlights from our classroom:

Literacy

- Narrative texts
- Digraph wh
- Initial blends
- Letters – c and q

Numeracy

- Counting
- Patterns

Integrated Studies

- Respectful Relationships – Personal Strengths
- Easter activities
- Buddies
- UCLF Dog visits finish
- Auslan – school signs and farm animals



WELLBEING MATTERS

As the holidays approach it's important to think about our own wellbeing and keeping up with connections-Here are some tips:

CONNECT WITH FRIENDS over the break

Good relationships are important for wellbeing:

They can:

- help you to build a sense of belonging and self-worth
- give you an opportunity to share positive experiences
- provide emotional support and allow you to support others

There are lots of things you could try to help build stronger and closer relationships:

DO

- if possible, take time each day to be with your family, for example, try arranging a fixed time to eat dinner together
- arrange a day out with friends you have not seen for a while
- try switching off the TV to talk or play a game with your children, friends or family
- have lunch with a colleague
- visit a friend or family member who needs support or company

DON'T

- do not rely on technology or social media alone to build relationships. It's easy to get into the habit of only ever texting, messaging or emailing people.

LET'S GET ACTIVE IN APRIL

Active April 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|--|---|---|---|--|
| 1 Listen to your body and be grateful for what it can do | 2 Spend as much time as possible outdoors today | 3 Eat healthy and natural food today and drink lots of water | 4 Turn a regular activity into a playful game today | 5 Do a body-scan meditation and really notice how your body feels | 6 Get natural light early in the day. Dim the lights in the evening | 7 Give your body a boost by laughing or making someone laugh |
| 8 Have a day with less screen time and more movement | 9 Set yourself an exercise goal or sign up to an activity challenge | 10 Move as much as possible, even if you're stuck inside | 11 Make sleep a priority and go to bed in good time | 12 Relax your body & mind with yoga, tai chi or meditation | 13 Get active by singing today (even if you think you can't sing!) | 14 Go exploring around your local area and notice new things |
| 15 Be active outside. Dig up weeds or plant some seeds | 16 Try a new online exercise, activity or dance class | 17 Spend less time sitting today. Get up and move more often | 18 Focus on 'eating a rainbow' of multi-coloured vegetables today | 19 Regularly pause to stretch and breathe during the day | 20 Enjoy moving to your favourite music. Really go for it | 21 Go out and do an errand for a loved one or neighbour |
| 22 Get active in nature. Feed the birds or go wildlife-spotting | 23 Have a 'no screens' night and take time to recharge yourself | 24 Take an extra break in your day and walk outside for 15 minutes | 25 Find a fun exercise to do while waiting for the kettle to boil | 26 Meet a friend outside for a walk and a chat | 27 Become an activist for a cause you really believe in | 28 Make time to run, swim, dance, cycle or stretch today |

ACTION FOR HAPPINESS **Happier · Kinder · Together**

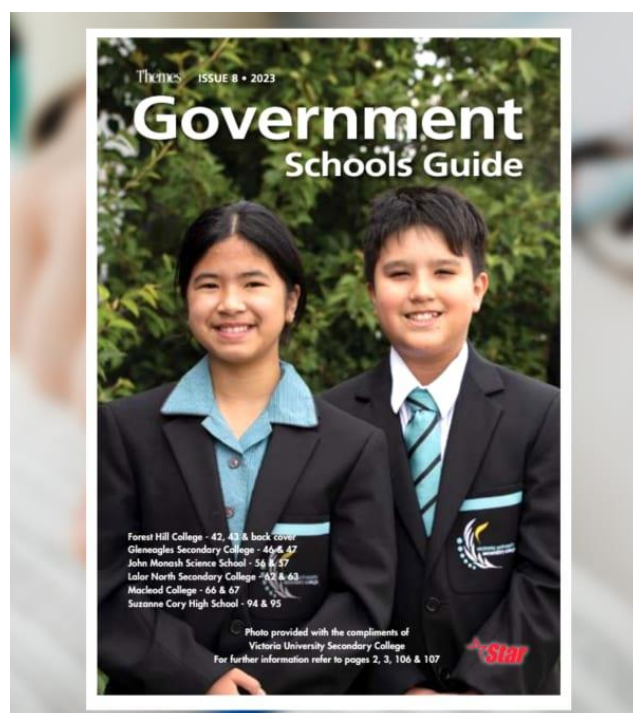
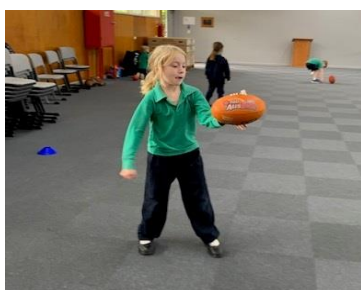
P.E. Snapshot Term 1 week 10

This fortnight in Physical Education students all participated in an AFL incursion clinic where we played games and participated in training drills to improve our skills in marking, kicking and handballing. Senior students played a game called “Clean up your yard” where



they had to kick or handball the footballs over the fence of cones. The team at the end of the round with the least number of footballs was deemed the winner. Year one and two students

played a game called “Snatch” where they worked with a partner and followed a series of commands and raced to be the first to snatch the footy from the ground. Foundation and Year one students practised marking and learnt the two different ways to mark a football, the “W” or “Butterfly” method and the “Hugging a teddy bear” method.



To assist your decision making in relation to your child's education for 2024 and beyond, please find below a link to the 124 page **April 2023** edition of the **Government Secondary Schools Guide**.

SCAN QR CODE BELOW



OR, CLICK URL LINK HERE >

<https://victoriaschoolguides.starcommunity.com.au/government-schools-guide/>



to

☆ Lacey F/1M

☆ CeLena 5/6M

on their special day.

Carrington Primary School

SchoolPix is coming to photograph on:

Tuesday, 2 May 2023

ORDER ONLINE AT WWW.SCHOOLPIX.COM.AU



Early Bird orders with free delivery to your school close five working days after your last photography session.

A postage fee will apply for orders placed after this date.

Sibling orders must be placed prior to 8am on Tuesday, 2 May 2023.



Misplaced your order flyer? Please visit www.schoolpix.com.au and use the student search to find your child's unique ID or contact our Customer Care team on 1300 766 055.

Please note: Cash orders will not be accepted



YOU'VE MADE THE WISE CHOICE.

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FRIDAY 7 APRIL
10AM - 5PM

**FREE
ENTRY!**

MELBOURNE CONVENTION AND EXHIBITION CENTRE

The Good Friday Appeal's Family Fun Festival

START NOW



Once again please save 'wonder bread bags and all other bread bags too' Bring them to school and place in the collection box. As we turn these bags into sports equipment.

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TERM 2, 2023

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